Salads

Mediterranean salad 12,10 €
with seasonal vegetables and garden produce
Vegan option available

Oriental-style salad 12,90 €
quinoa with legumes, sesame, bell pepper and soy vinaigrette

Vilar-style greek salad 14,10 €
with tomato, diced special cheese, black olives and oregano

Catalan “esqueixada” salad 14,50 €
shredded cod, cherry tomatoes, black olives, garlic and parsley

Vilar color salad 12,50 €
cherry tomatoes, lettuce, red cabbage, seeds, red onion and honey mustard vinaigrette


Oriental-style salad


Mediterranean salad


Tender broad beans with baby squid


Assorted homemade croquettes


Confit artichokes

Starters

Assorted homemade croquettes 13,20 €

Angus beef carpaccio 14,50 €
with parmesan shavings

Pineapple or melon with ham 13,20 €
depending on the season

Confit artichokes 14,15 €
with prawns and homemade aioli

Tender broad beans with baby squid 16,50 €

Macaroni bolognese 13,10 €
vegan option available

Cheese and pear ravioli 14,95 €
with cheese sauce

Gratin cannelloni 13,20 €
meat or mushroom

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Crumpled catalan sausage



Escalivada



Omelette

Osona bread toasts

Roasted vegetable escalivada 15,20 €
with tuna and anchovies

Baked apple 15,20 €
with blue cheese, walnuts and honey

Crumpled catalan sausage 14,95 €
with aioli and caramelised onion

Smoked salmon toast 16,80 €
with butter, caramelised onion, avocado, feta cheese and seeds

Spanish omelette 13,90 €
with onion

Iberian Ham 16,00 €

Bacon and cheese 13,50 €

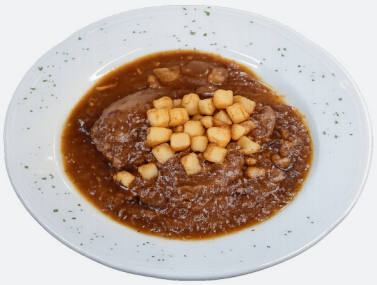
Traditional catalan casseroles

½ Roast lamb shoulder 27,20 €

Slow-braised pork cheek 17,50 €

Angus beef ossobuco 20,50 €
with mushrooms

Sea & mountain stew 17,70 €
meatballs with mushrooms and cuttlefish



Pork cheek



½ lamb shoulder



Angus beef ossobuco

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Fish



Cod

Salmon 20,50 €
with potato and carrot parmentier

Cod with alioli 17,50 €
and red pepper sauce

Sea bass 17,20 €
with garnish



Salmon



Botifarra

Grilled meat with garnish

Botifarra (catalan sausage) 14,20 €

Chicken leg 13,10 €

Prok Trotters 13,90 €
with almond and hazelnut picada

Angus beef churrasco 18,50 €

Angus beef burguer 18,60 €
with brioche bun, bacon, onion and cheese

Angus beef entrecôte 50 € / KG
priced by weight



Angus beef entrecôte



Angus beef churrasco



Chicken leg

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Bread portion 1,50 €

Desserts



Chocolate coulant

Catalanet 6,00 €
nougat ice cream with ratafia (catalan liquor)

Homemade cheesecake 6,00 €

Chocolate coulant 5,45 €

Yogurt 3,70 €
with homemade jam

Mel i mató 4,20 €
Catalan fresh cheese with honey and walnuts

Seasonal fruit 2,50 €



Cheesecake

Ice creams



Nougat
5,80 €



Vanilla
5,80 €



Salted caramel
6,10 €



Maria biscuit
6,10 €



Chocolate
Cuzco cocoa, fleur de sel, cocoa nibs and extra virgin olive oil cream
5,80 €



Coconut
5,80 €



Lemon sorbet
5,80 €



Mandarin sorbet
5,80 €

Allergens: please ask our staff

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